

## EFMP RESPITE CARE

**THE EFMP RESPITE CARE PROGRAM IS AN EFMP** community support service that provides a temporary rest period for Family members responsible for regular care of persons with disabilities. Care may be provided in the EFMP respite user's home or other settings such as special needs camps and enrichment programs. It is time limited based on the EFM medical condition and availability of funding. An eligible EFM may qualify for **up to 40 hours** per month.



**ELIGIBLE FAMILY MEMBERS MUST BE ENROLLED IN THE EFMP** and may qualify for EFMP Respite Care through severe chronic medical condition or significant medical needs. A severe chronic medical condition is defined as a serious medical condition that persists for greater than 6 months and requires the coordinated intervention of multiple primary and specialty care providers for evaluation, treatment and maintenance of health. Severe chronic conditions are often not curable and may carry a poor clinical prognosis. Significant medical needs are defined as one or more medical conditions that require extensive coordination of care by health care providers, ancillary services and/or durable medical equipment in order to sustain a reasonable level of health.

**THE EFM'S MEDICAL PROVIDER MUST SUBSTANTIATE THE NEED** for EFMP Respite Care. The application process begins at the ACS EFMP office where application forms, as well as documents to be completed by the EFM's medical provider, can be obtained. Following proper completion of those forms, an assessment interview will take place with EFMP staff. The EFM's information will be presented before the EFMP Respite Care Panel, consisting of the EFMP Manager, ACS Director, Garrison Commander (or designee), Family Life Chaplain and EFMP Systems Navigator, who reviews the information provided and documented medical needs, and recommends approval or disapproval of all submissions for respite to the Garrison Commander who is the decision authority.



**ACS EFMP SUPPORT SERVICES INCLUDE** information and referral, advocacy, linkage with disability specific support groups, respite care and relocation assistance.

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Fort Carson Exceptional  
Family Member Program



## OTHER ACS PROGRAMS

Army Family Action Plan (AFAP)  
Army Family Team Building (AFTB)  
Army Emergency Relief (AER)  
Army Volunteer Corps (AVC)  
Community Information, Referral Program  
Employment Readiness Program  
Exceptional Family Member Program (EFMP)  
Financial Readiness Program  
Fort Carson Mayoral Program  
Loan Closet  
Military & Family Life Consultants (MFLC)  
Mobilization & Deployment Readiness Program  
Multi-Cultural Support Program  
Outreach Program  
Relocation Readiness Program  
Soldier & Family Readiness Program  
Survivor Outreach Services (SOS)

## OTHER ACS FACILITIES

**The Family Connection,**  
Building 1354  
**The Soldier & Family Assistance Center (SFAC),**  
Building 1039  
**Fallen Heros Family Center,**  
Building 6215  
**Warrior Family Community Partnersahip (WFCEP),**  
Building 1532  
**Nurturing Center,**  
Building 7790

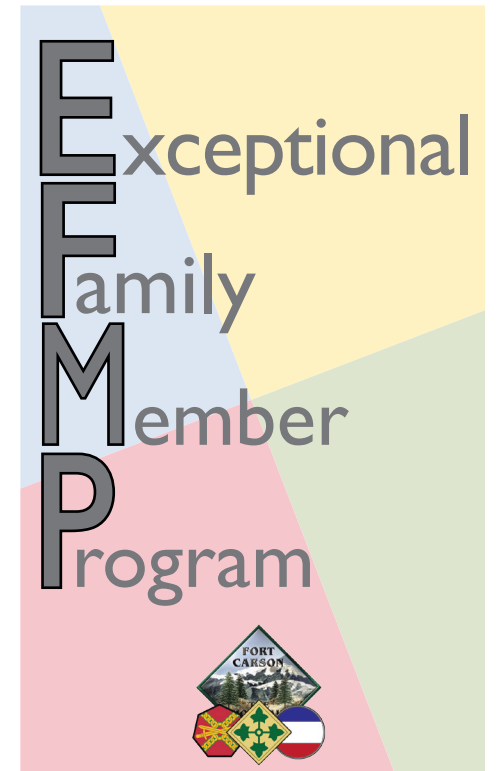
**For more information, call (719) 526-4590**



**Army Community Service (ACS)**  
ACS Center, Building 1526, 6303 Wetzel Avenue  
Fort Carson, Colorado 80913-4104  
TEL: (719) 526-4590 / TTY: (719) 526-1949  
TOLL FREE 1-866-804-8763 / FAX: (719) 526-2637  
WEB SITE: [www.carson.army.mil](http://www.carson.army.mil) (Click on Services)



## Army Community Service (ACS)



# THE EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

**THE EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)** is a program designed to assist military personnel agencies in making assignments for the Soldier, accompanied by Family members as often as possible. The EFMP works together with other military and civilian agencies to provide a comprehensive, coordinated, multiagency approach for community support, housing, medical, educational and personnel services to Families with special needs. Enrollment into the EFMP works to ensure that needed services are available at the gaining installation BEFORE the military personnel office (Human Resources Command - HRC) assigns the Soldier to that new duty location. Enrollment into the EFMP is mandatory, based on carefully defined rules.

**AN EXCEPTIONAL FAMILY MEMBER (EFM)** is a Family member, regardless of age, with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training or counseling. A Family member who falls into any of these categories **MUST** be enrolled in the program.

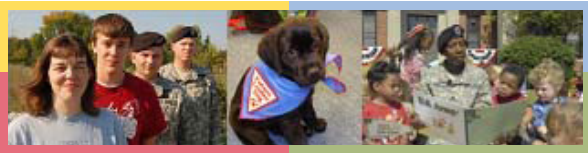


## THESE SOLDIERS WITH EFMS ARE REQUIRED TO ENROLL IN THE EFMP:

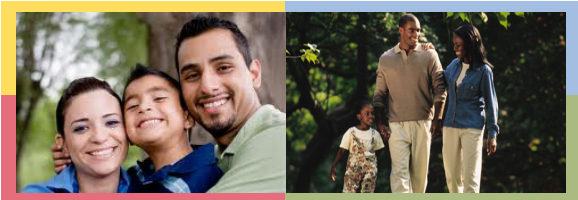
- Active Army
- U.S. Army Reserve (USAR) Soldiers in the USAR Active Guard Reserve (AGR) Program. Mobilized and deployed Soldiers are not eligible for enrollment in the EFMP.
- Army National Guard (ARNG) AGR personnel serving under authority of Title 10, United States Code and Title 32, United States Code.

**DEPARMENT OF THE ARMY CIVILIAN EMPLOYEES** do not enroll in the program, however they must identify dependent children with special education and medically related service needs each time they process for an assignment to a location outside the United States where dependent travel is authorized at Government expense.

**BENEFITS OF EFMP ENROLLMENT INCLUDE** allowing assignment managers at Army personnel agencies the opportunity to consider the documented medical and special education needs of the EFM in the assignment process. When possible, the Soldier is assigned to an area where the medical and educational needs of his/her EFM can be met. This will depend on a valid personnel requirement for the Soldier's grade, specialty and eligibility for the tour as well as current assignment priorities. ALL Soldiers are eligible for worldwide assignments, regardless of EFMP status. It is important to understand that a Soldier can be "nominated" for a specific assignment at any time. This is why it is CRUCIAL to have the Family member EFMP enrollment up-to-date at ALL times. It is also important to note that information contained in the EFMP enrollment is considered confidential medical information, thus assignment managers themselves do not actually have access to EFMP enrollment information but rather must coordinate with HRC EFMP personnel for all assignment coordination activities.



**A SOLDIER ENROLLS IN THE PROGRAM** by contacting the nearest Medical Treatment Facility (MTF) EFMP Case Coordinator to initiate the assessment process and obtain enrollment forms. The EFMP Case Coordinator will ensure that enrollment documents are completed in accordance with policy. Once the forms are completed, they are forwarded to the appropriate regional medical center for coding. The regional medical command enrolls eligible Active Army Soldiers in the EFMP. They also notify Army National Guard and Reserve personnel agencies of eligible AGR Soldiers. Soldiers are responsible for keeping the medical and/or special education needs documentation current as EFM condition changes or at least every three years, whichever comes first.



**ENROLLMENT INTO THE EFMP DOES NOT ADVERSELY IMPACT** a Soldier's career. EFMP information is used solely for assignment purposes (and in some cases to qualify for supplemental care or services). Soldiers complying with enrollment instructions have been shown to go further in their careers with the military. On the other hand, Soldiers who try to avoid EFMP enrollment or the required tri-annual updates can negatively impact their careers. A General Officer Letter of Reprimand can be given to any Soldier who does not enroll his or her Family member in the program or withholds information on screening/ reassignment forms thinking it will affect his/her career or assignment wishes in a negative way. The governing regulation is AR 608-75, The Exceptional Family Member Program. [http://www.apd.army.mil/pdffiles/r608\\_75.pdf](http://www.apd.army.mil/pdffiles/r608_75.pdf).



## SPECIAL NEEDS ACCOMMODATION PROCESS (SNAP)

**SPECIAL NEEDS ACCOMMODATION PROCESS (SNAP) TEAM** is a multi-disciplinary team established to explore installation child care and youth supervision options for children and/or youth that have medical diagnoses that reflect life-threatening conditions, functional limitations, or behavioral and/or psychological conditions. The Team, of which the child/youth's parent/guardian is a valued member, is responsible for determining placement options within Child, Youth and School Services (CYSS) programs considering the feasibility of CYSS program accommodations and availability of services to support child and/or youth needs. The Team meets on a weekly basis to recommend a placement setting that accommodates to the extent possible the child and/or youth's individual needs. This is to ensure that all children/youth are placed in a safe and appropriate environment given their individual needs. The Team cannot discuss placement options for a child/youth if the child/youth's parent/guardian is not present to participate in the meeting.

**UPON REGISTERING A CHILD/YOUTH FOR CYSS PROGRAMS**, the parent/guardian is required to complete the CYSS Health Screening Tool. Should any medical diagnosis that reflects life-threatening conditions, functional limitations, or behavioral and/or psychological conditions be identified, an Army Public Health Nurse (APHN) is required to review the information on the Health Screening Tool, review any available medical records/documentation, and, at times, contact the parent/guardian for additional information/clarification. The APHN is the decision authority for determination of if a SNAP Team meeting must be held with the parent/guardian prior to a child/youth's placement into CYSS programs. In order to assist the SNAP Team in determining a safe and appropriate placement, as well as assisting CYSS Caregivers in providing the best care possible, parents/guardians may be asked to supply additional medical documentation detailing individual needs. **\*\*PRIOR PLANNING IS CRUCIAL, AS THE ENTIRE PROCESS FROM INITIAL REGISTRATION TO ACTUAL SNAP MEETING DATE CAN BE AS LONG AS 30 DAYS\*\*** The governing regulation is AR 608-75, The Exceptional Family Member Program. [http://www.apd.army.mil/pdffiles/r608\\_75.pdf](http://www.apd.army.mil/pdffiles/r608_75.pdf).

**AT TIMES, A CHILD/YOUTH THAT IS ALREADY ENROLLED** in a CYSS program might develop a medical condition that was not a concern at the time of initial registration. Or, a child/youth might exhibit behavioral and/or psychological concerns after enrollment into a CYSS program. These scenarios might warrant a SNAP Team meeting to obtain and document medical conditions and/or to evaluate current CYSS program placement considering feasibility of program accommodations and availability of services to support to the extent possible the child/youth's individual needs. CYSS program directors and trainers are available for parent/guardian conferences and will initiate required documents should a SNAP Team meeting be needed in these instances.

**QUESTIONS OR CONCERNS:** Please contact the Army Community Service (ACS) EFMP office at (719)526-4590.

